

Greater Latrobe School District

YOUTH CHEERLEADING



INFORMATION/SIGN-UP PACKET

Included Documentation to Complete and Return for Registration:

- Registration Information Form
- Equipment Order Form
- GLSD Youth Cheerleader Contract
- Athlete Birth Certificate - COPY only, no original
- THREE** separate checks (separate checks **per child**):
 - \$300 Volunteer check (*post-dated 11/1/2025*) **** will not cash unless volunteer time is not complete**
 - \$160 Equipment Check (*post-dated 11/1/2025*) **** will not cash unless equipment is not turned in or damaged**
 - Registration Fee & Equipment Order Form (Page 9)
NON-REFUNDABLE
- GLSD Youth Cheer Equipment Waiver
- GLSD Youth Cheer Parent Code of Conduct
- GLSD Youth Cheer Disclaimer and Agreement
- GLSD Youth Cheer Photo Release
- GLSD Youth Cheer Volunteer Agreement

GLSD YOUTH CHEER INFORMATION

ABOUT GLSD Youth Cheer

The Greater Latrobe Cheerleading Program consists of 3 squads, divided by grades K-2, 3/4, and 5/6.

***We do not teach tumbling skills. We recommend you seek your own tumbling courses through a local gym. Girls with tumbling skills will be able to perform during halftime routines and on the sidelines.*

REGISTRATION

To register, please fill out the registration forms below and bring to ONE of TWO sign up dates: Saturday, March 15, 10:30am - 12:30pm OR Thursday, May 1, 6:00pm - 7:00pm with three (3) checks per cheerleader for volunteer commitment, equipment fee, and registration/equipment. There will be no online sign ups. We will not accept any late sign ups.

There will be no refunds, as equipment will be ordered immediately after sign-ups.

All registered cheerleaders must reside within the Greater Latrobe School District.

COMMUNICATION

All information and communication will take place through your team's BAND page. Please scan the QR code for your squad and download/sign up.

TO JOIN BAND:



K-2 SQUAD



3/4 SQUAD



5/6 SQUAD

VOLUNTEER CHECKS

A \$300 volunteer check is required at registration. It should be post-dated for 11/1/2025 . **THIS CHECK WILL NOT BE CASHED unless**, by the end of the season, you have not completed the required volunteer time. **CHECKS ARE DUE AT REGISTRATION.**

Each family is required to volunteer for a number of volunteer points for game day activities. Each family also is required to volunteer for one special event. A list of available volunteer opportunities will be available as we get into the season. Families with multiple cheerleaders only need to turn in one (1) \$300 check.

To receive credit for your volunteer time, you must scan the QR code and fill out the Google form with your information so that we can record you have completed your time. **IF YOU DO NOT SCAN AT YOUR SESSION, you will not receive credit for your volunteer time.**

If you are interested in helping to coach or be a team parent, please mark your interest during registration and send an email to glsdyouthcheer@gmail.com – please note that showing interest does not guarantee the opportunity to coach/be a team parent.

EQUIPMENT CHECKS

There is a \$160 equipment fee this season. This check should be post-dated for 11/1/2025. It will not be cashed if all equipment (vest, skirt, & pink pom poms) is turned in undamaged and clean. **CHECKS ARE DUE AT REGISTRATION.**

EQUIPMENT

All girls will be provided with a uniform (vest & skirt, 1 set of pink pom poms, that must be returned to the school district at the end of the season. Please review, sign, and return the included Uniform Waiver with your registration.

Each cheerleader will need to purchase the following:

FROM GLSD YOUTH CHEER:

- Orange Bow (NEW FOR 2025, MUST PURCHASE)
- Pink Bow (if you have from 2024, you do not need to purchase again)
- Black Cheer Bodyliner (if you have from 2024, you do not need to purchase again)
- Warm Up Embroidered Jacket & Pants (if you have from 2024, you do not need to purchase again)
- Orange & Black Pom Poms (if you have from 2024, you do not need to purchase again)

OPTIONAL EQUIPMENT FROM GLSD YOUTH CHEER:

- Backpack (personalized, embroidered)
- Waterbottle (personalized)
- Headband/Ear Warmers (personalized)

ALL GLSD YOUTH CHEER Equipment should be ordered and paid for at registration. Additional equipment below should be purchased prior to the first game:

ON YOUR OWN:

- | | |
|---|--|
| - Black backpack or Duffle | - All White Cheer Shoes
(recommended) |
| - Black or Orange Gloves | - White No-Show Socks |
| - Black Ear Warmer Headband | - Black Spanx |
| - Clear Raincoat or Poncho
(recommended) | |

****It is not the coach/team parents' responsibility to keep track of your child's equipment. Please make sure you have all of your items before leaving practices, games, and/or events. Any lost equipment will need to be replaced at your own cost.*

CHEERLEADER EVENTS

4th OF JULY PARADE

Our first event of the cheer season will be participating in the 4th of July parade! Arrival time/meeting destination will be posted on the BAND app.

In order to participate in the parade, you must have picked up your uniform.

Uniforms WILL NOT be available at practice on 6/26/2025.

Girls should wear their uniform (skirt & vest, GLSD issued), orange Wildcat hair bow (purchased from GLSD), white tennis shoes/no show white socks (purchase on their own), and bring orange/black pom poms.

POOL PARTY WITH GLSD YOUTH FOOTBALL

This year we will be having a pool party at Rogers McFeely Memorial Pool along with GLSD Youth Football so the cheerleaders and players can spend some fun, relaxing time together prior to the season! More information about this event will be posted on the BAND app, as it becomes available.

PICTURES

There will be professional photos taken for GLSD Youth Cheer. More information about this will be posted on the BAND app, as it becomes available.

GAMES

Games will be on Saturdays and Sundays beginning late August through early November. The schedule is not complete yet, however it will be sent when it becomes available. Our league will also post it online [here](#).

All cheerleaders will be expected to attend HOME JV Games this season, should their division have a JV team.

Cheerleaders are required to cheer during playoffs, too. Please keep in mind that the season does not end with the end of regular season play. Game days/times will be posted on a weekly basis during playoffs.

There will be a 'Senior Bowl', for all 6th Grade athletes (football and cheer) in November after the playoffs.

END-OF-SEASON BANQUET

There will be a banquet at the end of the season, on December 6, 2025, held at Giannilli's II to recognize all the hard work put in by the cheerleaders, coaches, team parents, board, and parents. Cheerleaders attendance/meal will be covered by the organization. Parent tickets will be available for purchase.

PRACTICES

First Regular Season Practice: June 24, 2025

Practice Days: Tuesdays & Thursdays

Practice Times:

SQUAD	K2	3-4	5-6
Time	5pm-6:30pm	5pm-7:00pm	5pm-7:00pm

Last Regular Season Practice: Thursday, August 21, 2025

Fall Practice Schedule: TBA

*** Practices expected to practice 2-3 hours per week, one- two evenings, through November, depending on coach/facilities availability.*

Cheerleaders should wear comfortable clothing, tennis shoes, and wear their hair pulled back from their face. Please send your child with lots of water! Parents are not required to stay at practice.

Cheerleaders should be picked up promptly at the end of practice time by parent/guardian.

ATTENDANCE POLICY

Cheerleading is a team sport, and we need everyone's participation to execute our routines and stunts. Your attendance is extremely important!

Cheerleaders are permitted two (2) summer practice absences once Heat Acclimation Week commences. Cheerleaders must notify the coach prior to practice of the absence and are responsible for all missed material.

Videos of cheers/routines are posted weekly to BAND. It is the cheerleader's responsibility to learn any missed material, record themselves performing missed material, and send it to the coach prior to the next practice.

If a cheerleader misses more than two (2) summer practices, they will not be permitted to participate in stunting, halftime routines, or competitions at coaches discretion.

A **fall** practice schedule will become available closer to the start of school and will be based on the coach's availability and facilities availability.

GAME DAYS: If a cheerleader misses any portion of a football game, they will sit out (in uniform w/ the coach or team parent) during the first quarter of the following game.

FUNDRAISING

Fundraising is especially important to keep our organization going. The money we fundraise is used to purchase equipment such as uniforms, pom poms, mats, etc. The money we raise also allows us to organize special events for our cheerleaders such as team bonding, the 'Senior Bowl' game/gifts, the end-of-year banquet, etc. Ultimately it helps to GROW this organization for our cheerleaders. **ALL fundraisers this season are required for all GLSD Youth Cheerleaders unless noted optional below.**

EQUIPMENT FUNDRAISER (Sponsor A Cheerleader) **OPTIONAL**

This fundraiser is optional for those looking to offset the costs of their equipment. Payment is due upfront at registration for all equipment; however, there are "Sponsor a Cheerleader" cards available to recoup costs fronted for equipment. Each cheerleader may have one (1) card to share with friends/family for donations towards their equipment fees. You would then keep this donation, since you already paid for your equipment at registration.

GUN BASH TICKET FUNDRAISER REQUIRED

We will be hosting a gun bash on 11/9/25 from 12 pm to 5 pm at Huber Hall. We will require each cheerleader to sell tickets throughout the season for this bash. Stay tuned for more information on this such as cost of each ticket, due dates, and cheerleader requirement which will be dependent on the final number of participants for the 2025 cheer season.

GIFT CARD TICKET FUNDRAISER REQUIRED

This will be a ticket that includes gift cards as prizes. Each cheerleader will be required to sell approximately 5 tickets at \$10 each (depending on the final number of participants for the 2025 cheer season). The winning number will be taken from the first 7 pm PA Pick 3 lottery on July 18, 2025.

- These tickets will be distributed at practice on June 24, 2025 by team parents
- Stubs and money will be due by July 8, 2025
 - Please turn in all stubs and money to Kristen Hochstein during practice, who will be with the K-2 squad
- \$35 buyout for this fundraiser

SCENTS BY STACEY CANDLE FUNDRAISER REQUIRED

Who does not love a candle! We are excited to support this local business this year through this required fundraiser. These soy candles are made with all natural ingredients from the USA. Fall scents will be available just in time for the season, and there will also be a Latrobe Cheer theme candle as well. Great as gifts or even additions to your own home!

- Order forms will be distributed at practice on 8/5/25 by team parents
- Order forms and money will be due by 8/19/25
- Please turn in all order forms and money to Kristen Hochstein during practice, who will be with the K-2 squad
- Estimated pick-up date- 9/9/25 after/during practice
- We are still determining the requirements and buyout option for this fundraiser, which is dependent on the final number of participants for the 2025 cheer season. We also want to support this local business as much as we can and make this fundraiser a great one!

Cash or checks payable to GLSD Youth Cheer. All ticket stubs and money for these fundraisers are due by the date listed and required to claim the prize/items. Any ticket stubs/money not turned in will be billed to the cheerleader account. Cheerleaders will

become ineligible to attend the end-of-year banquet, receive gifts, and sign up for future seasons if their bill is not paid in full.

SPIRIT DAYS **OPTIONAL**

We are participating in several Spirit Days throughout the upcoming months at several locations where a percentage of your order will go back to GLSD Youth Cheer. You will receive information on these dates and locations when you register along with reminders of all dates and locations on the BAND app, GLSD Youth Cheer Facebook page, and our website. Once these dates are set, please share this information with your family and friends. This is an easy way to earn money for our organization and allow you and your family to enjoy a night out! Ensure you mention GLSD Youth Cheer when ordering at any of the locations for our Spirit Days.

GLSD YOUTH CHEER
Registration Information Form

Cheerleader: _____ Squad: _____

Grade (Fall 2025): _____

School: BES LES MTVIEW OTHER

Parent/Guardian: _____

Address: _____

Phone: _____

Email: _____

Parent 2/Guardian2: _____

Address : Same as above (circle)

Phone: _____

Email: _____

Allergies: _____

GLSD YOUTH CHEER
Equipment Order Form

Cheerleader: _____ Squad: _____

Registration

Cheerleader Registration & Orange Bow per athlete \$40 \$_____

Required Equipment (per athlete)

Orange and Black Pom Poms \$30 \$_____
**Do not need to purchase new if you have from 2024

Pink Bow \$15 \$_____
**Do not need to purchase new if you have from 2024

Black Body Liner \$20 SIZE: (YXS-A2XL) _____ \$_____
(cropped v-neck from Omni Cheer)
**Do not need to purchase new if you have from 2024

Embroidered Warm Up Jacket \$50 \$_____
SIZE: (YXS-A2XL) _____
**Do not need to purchase new if you have from 2024

Warm Up Pants \$30 SIZE: (YXS-A2XL) _____ \$_____
**Do not need to purchase new if you have from 2024

Optional Equipment (per athlete)

Personalized Backpack Bag \$45 \$_____
**Same design as 2024

Personalized Water Bottle \$25 \$_____

Personalized Headband \$ 16 \$_____

Personalization (name): _____

TOTAL \$ _____

Cash/Checks payable to GLSD YOUTH CHEER.

***** No refunds for cheerleader registration will be given after June 1, 2025.**

*****No refunds for required or personalized equipment.**

***** FOR GLSD YOUTH CHEER USE ONLY *****

Paid:

Cash or Check # _____

GLSD Youth Cheer Initials: _____

GLSD YOUTH CHEER Cheerleader Contract

The following conditions are set forth for _____ (athlete) as a cheerleader for the 2025 GLSD Youth Cheerleading Season.

1. I will not talk **NEGATIVELY** about my teammates, my coaches, or my school.
2. I will not inappropriately use any social media forum (such as bullying or inappropriate language on any network such as Instagram).
3. I will follow all rules as set forth by the organization and my coach. This includes participating in practices/games/events.

Failure to meet these expectations will result in consequences set forth by the coach and/or board of directors, if necessary. Examples of possible consequences include: removal from halftime routine, removal from stunting privileges, sitting out at games, ineligible to attend Banquet, or, in the worst case scenario, removal from the GLSD Youth Cheerleading Program.

- I acknowledge that I have read and reviewed the GLSD Youth Cheerleader Contract with my parent/guardian, and I agree to cheer for the GLSD Youth Cheerleading Program and to abide by all the rules, in the interest of fair play and good sportsmanship.*

Signature of Cheerleader

Date

FUN FACTS:

Why do you want to be a cheerleader?

GLSD YOUTH CHEER Equipment Waiver

I understand that the GLSD Youth Cheerleading Program is loaning my child a uniform consisting of: a vest, skirt, and set of pink pom poms that must be returned in a clean, undamaged condition at the end of the season. Failure to turn in these items will result in forfeit of my \$160 equipment fee in order to replace these items.

Cheerleader: _____ Squad: _____

Parent Guardian Signature: _____

Cash/Checks payable to GLSD YOUTH CHEER - POST DATED 11/1/2025

*** will not cash unless equipment is not turned in or damaged*

As of 2/1/2025 any checks that are unable to be processed will also be charged a bank fee of \$12 dollars per check.

***** FOR GLSD YOUTH CHEER USE ONLY *****

Paid:

Cash

Check # _____

GLSD Initials: _____

GLSD YOUTH CHEER
PARENTS CODE OF CONDUCT POLICY
GLSD Youth Cheerleading

Parent Accountability:

Our culture is predicated on **positivity**, and we hold our parents accountable the same way we hold our athletes. We WILL NOT tolerate the following actions from parents:

- Gossip or rumors in and around the program.
- Negativity towards other parents, athletes, coaches or staff.
- Withholding practice attendance or competition attendance as punishment.
- Any violations of our communication policy stated below.
- Inappropriate behavior at practices / games / events / competitions, you as the parent are an extension of Greater Latrobe Youth Cheerleading, therefore representing the program just as the athlete does.

Parent-Coach Relationship:

Both parenting and coaching are extremely difficult roles especially in cheerleading. By establishing an understanding of each role, we are better able to accept the actions of each other and provide a greater benefit to our children. Parents, when your child becomes involved in our program, you have the right to understand what expectations will be placed on your child. This begins with clear communications from the Coach of your program.

Communications to expect from your child's Coach:

- Squad requirements (uniform/attendance).
- Events Schedule (practice/games/events/competitions) and updates.
- Injuries

Communications Coaches expect from athletes/parents:

- Any concerns are expressed **DIRECTLY** to the Coach.
- Advanced notification of any schedule conflicts.
- Advanced notification of any illness or injury – when possible.

It is the goal of everyone that each cheerleader will experience some rewarding moments in these growing years. It is important to understand that there may be times when things do not go the way you and/or your child wish. When this occurs, discussion with the Coach is encouraged. It is the first and most integral step to understanding and resolution. Concerns are to be expressed at the appropriate time, that IS NOT:

- During a practice
- During a team meeting
- During an Event/Competition (EVER) *These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote positive resolution.*
- In front of the athlete

Appropriate times are:

- We operate on a 24 hour cool down period, if you have an issue give it 24 hours before you contact the coach or board officer.
- After a practice is complete and in private.
- Scheduling a sit-down meeting with the Coach.
- The days following a competition or event (NEVER DURING)

Appropriate Concerns to Discuss with Coaches:

- Treatment of your child.
- Ways to help your child improve.
- Concerns about your child’s behavior.

Coaches are professionals. They make decisions based on what they believe to be in the best interest for the squad and for all the cheerleaders involved. Certain things can be and should be discussed with your child’s Coach. Other concerns must be left to the discretion of the Coach.

Inappropriate Concerns to Discuss with Coaches:

- Squad placement.
- Squad Strategy and Stunts.
- Cheer selection.
- Other athletes.

WE ARE THEIR ROLES MODELS! The critical factor in determining whether your child has a positive experience is the quality of their adult leaders, their parents and coaches.

What can a parent or coach do if the discussion did not provide a satisfactory resolution:

- Call/Email to discuss the situation with an officer on the board. The appropriate next step then can be determined.

10 expectations of Good Sportsmanship:

- No taunting, negative or intimidating behaviors have no place in our program.
- Attending scheduled practices, games, events, and/or competitions does not give you the right to abuse coaches, judges, athletes and other spectators.
- Treat others as you want to be treated.
- Be a positive role model
- Control your emotions at practices, games, events, and/or competitions.
- Whether we win or lose, we will uphold a level of sportsmanship to the other teams and programs.
- Respect your child’s coaches. Communicate with them in a positive way.
- Sportsmanship begins with you as a parent.
- Your child is always watching
- Always look for that moment to lift someone up

Parent/Guardian Signature

Date

Parent/Guardian Signature

Date

GLSD YOUTH CHEER
Cheer Disclaimer and Agreement
GLSD Youth Cheerleading

This disclaimer and agreement ("Agreement") outlines the expectations for all participants in the Greater Latrobe Youth Cheer program (the "Program").

1. Cheer Selection and Participation

- Cheer routines are selected and overseen by the Greater Latrobe Youth Cheer Board of Directors (the "Board") and Coaches (the "Coaches").
- By signing this Agreement, you agree to allow your child to participate in all cheers at the discretion of the Board and Coaches.
- If you disagree with a particular cheer, your child has the option to sit out for that cheer.

2. Communication and Conflict Resolution

- Discussions regarding cheers should not take place at games, practices, events, or in front of children at any time.
- Any questions or concerns should be directed to the applicable Coach outside of games, practices, and events.
- If your matter is not resolved by the Coach, you may email your concerns to the Board of Directors at glsdyouthcheer@gmail.com.

3. Agreement

By signing below, you acknowledge that you have read and understood the Agreement and agree to its terms and conditions.

Parent/Guardian Signature

Date

Parent/Guardian Signature

Date

Photo/Video Release Waiver for GLSD Youth Cheer

I, the undersigned parent/guardian of [Child's Name]_____, a participant in the GLSD Youth Cheer program, hereby grant permission to GLSD Youth Cheer, its representatives, and assigns, to use photographs and/or video recordings of my child, taken during practices, competitions, performances, or other related GLSD Youth Cheer activities, for the purposes of:

- Promoting the GLSD Youth Cheer program, including but not limited to, social media posts, website content, brochures, newsletters, and other marketing materials.
- Sharing with local news media or other outlets for the purpose of promoting the program.
- Displaying within GLSD facilities or at program-related events.

I understand that these photographs and/or video recordings may be used without further consent or notification to me. I also understand that no compensation will be provided for the use of these images or recordings.

I release GLSD Youth Cheer, its representatives, and assigns, from any and all liability arising out of the use of these photographs and/or video recordings.

I confirm that I am the parent or legal guardian of the named child and have the legal authority to execute this release on their behalf.

Parent/Guardian Name:

Parent/Guardian Signature:

Date: _____

2025 GLSD Youth Cheer Volunteer Agreement

Volunteer checks:

A post-dated check for \$300.00, dated November 1, 2025, and made payable to GLSD Youth Cheer, is required. This check will be returned upon completion of the required volunteer hours, verified by sign-in sheets. If the volunteer requirement is not fulfilled by November 1, 2025, the check will be deposited on that date.

As of 2/1/2025 any checks that are unable to be processed will also be charged a bank fee of \$12 dollars per check.

Parent/Guardian Name:

Parent/Guardian Signature:

Date: _____